



# Evaluation of pharmacological correction of L-NAME-induced endothelial dysfunction, platelet aggregation and venous tone with diosmin Detralex 1000 mg

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## Abstract

**Introduction.** Chronic venous diseases are one of the urgent problems of modern medicine. Recent studies have shown high significance of endothelial dysfunction (ED) and oxidative stress in their pathogenesis. For the correction of the occurring changes, drugs of the flavonoid group, particularly diosmin and hesperidin, are currently used. Numerous studies have confirmed a vast range of biological effects of diosmin; however, there are only sporadic data on its endothelium protective effects.

**Materials and methods.** The study was performed in 70 white mature male rats of Wistar line, weighing 180-220 g. ED simulation was performed using non-selective blocker of NO-synthase N-nitro-L-arginine methyl ester (L-NAME). Functional vascular tests and biochemical markers were used to determine a degree of correction of functional disorders. An anti-inflammatory effect of Detralex 1000 mg was estimated in 10 mature albino rabbits weighing 2800 - 3200 g by using o-xylene. The study of the venotonic property of the drug was carried out in the experiment in an isolated segment of the rats' portal vein with Ca<sup>2+</sup> solutions at a concentration of 0.08-1.75 mM. The histologic specimens were prepared in accordance with the generally accepted methods.

**Results and discussion.** The administration of the test drug did not lead to a statistically significant decrease in blood pressure in the conditions of L-NAME-induced ED. However, there was a dose-dependent statistically significant decrease in the coefficient of ED (CED), which indicates a positive endothelium protective effect. Course administration of Detralex 1000 mg leads to a significant dose-dependent correction of platelet aggregation disorders, which is manifested in the extended aggregation time. The results of studying an anti-inflammatory activity of the drug showed a decrease in the size of spots caused by the application of o-xylene, and the extension of the time interval before their onset. Studying a Ca<sup>2+</sup>-mediated smooth muscle response showed that the vein contractile force reaches its maximum at a higher dosage of the drug with a lower concentration of Ca<sup>2+</sup>. In the morphological study of the stomach wall, small and large intestine of the intact rats and rats receiving a course of Detralex 1000 mg, there were no inflammatory changes in the mucosa of the comparison group.

**Conclusions.** The study found that Detralex 1000 mg significantly reduces the ED coefficient and slows platelet aggregation against the background of L-NAME-induced ED; the efficacy is dose-dependent. Detralex 1000 mg dose-dependently reduces vascular permeability disorders caused by the application of o-xylene. The test drug has a Ca<sup>2+</sup>-mediated mechanism of increasing the contractile activity of the venous wall. It was found that the course administration of the drug per os has no local irritative effect.

## Keywords

platelet aggregation, vein-specific inflammation, Detralex, diosmin, chronic venous insufficiency, endothelial dysfunction

## Introduction

Chronic venous diseases are one of the urgent problems of the modern medicine (Naess et al. 2007, Spencer et al. 2009). Recent studies have shown the high importance of endothelial dysfunction (ED) and oxidative stress in their pathogenesis (Nebylitsin et al. 2008, Castro-Ferreira et al. 2018). In the walls of the vessels involved in the pathological process, there is an increased production of proinflammatory cytokines: IL-6, IL-8, MMP-31 and proteolytic enzymes, adhesion molecules, and accumulation of lipid peroxidation products (Lattimer et al. 2016, Denisiuk 2017). In addition, there is an increase in the adhesive properties of platelets and leukocytes to the endothelium, with the latter further migrating the into the vessel wall (Khadieva et al. 2016). The resulting vein-specific inflammation leads to a violation of endothelial function and permeability of the vascular wall (Aliev et al. 2008, Kudryavtsev et al. 2017). The final of the subsequent complex of pathophysiological events is disruption of the venous wall tone and its morphological structure (Raffetto 2018).

The flavonoid group of drugs, particularly those containing diosmin and hesperidin, is actively used nowadays for the correction of venous tone and reduction of the core symptoms of chronic venous insufficiency (Belcaro et al. 2002, Boisseau 2002). Numerous studies have confirmed a wide range of biological effects of diosmin, including its anti-ulcer, antimutagenic, antioxidant, and anti-inflammatory effects (Benavente-Garcia and Castillo 2008, Gracias et al. 2018). Antioxidant effects of Detralex are connected with the inhibition of endothelin-1 synthesis and direct reduction of the production of prostaglandin E<sub>2</sub>, F<sub>2</sub> and thromboxane A<sub>2</sub> (Manthey 2000, Feldo et al. 2018, Pietrzycka et al. 2015).

There is evidence of increased pressor effects of Ca<sup>2+</sup> by diosmin (Savineau and Marthan 1994). It is also found that diosmin affects alpha- and beta-2-adrenoreceptors and, like endogenous catecholamines, increases the tone of the venous vessels (Borisova et al. 2008).

Treatment of chronic venous pathology with flavonoid preparations implies their long-term course administration per os (up to 6 months), which makes the issue of their possible local toxic effect relevant (Stoyko and Gudymovich 2006).

**Objective:** to evaluate experimentally the pharmacological correction of ED, vascular permeability, platelet aggregation and venous tone with diosmin Detralex 1000 mg, as well as to assess its local irritative effect in the course of treatment.

## Materials and methods

The test drug is Detralex 1000 mg (France, Servier), which is a micronized purified fraction of flavonoids containing 90% of micronized diosmin (900 mg) and 10% of flavonoids in terms of hesperidin (100 mg), with a maximum fractionation of the substance to particles with a diameter of <2 microns, which makes it possible to improve the absorption of the substance (Garner et al. 2002).

The ED simulation was performed in 40 white male rats of Wistar line weighing 180–220 g. Non-selective blocker of NO-synthase N-nitro-L-arginine methyl ester (L-NAME) was administered intraperitoneally at a dose of 25 mg/kg/day for seven days. On the 7<sup>th</sup> day under anesthesia (chloral hydrate 300 mg/kg), a catheter was inserted into the left carotid artery to record hemodynamic parameters. The hemodynamic parameters: systolic blood pressure (SBP), diastolic blood pressure (DBP), and heart rate (HR) were measured continuously using a sensor and hardware for invasive measurement of hemodynamic parameters BIOPAC MP-150 (USA), with a TSD-104A module and computer software ASQKNOWLEDGE 4.2. Functional tests are the intravenous administration of acetylcholine (40 µg/kg) and sodium nitroprusside (30 µg/kg).

All the animals were divided into 4 groups: 1<sup>st</sup> group – intact rats treated with physiological solution in equivolume doses, 2<sup>nd</sup> group – rats treated with L-NAME intraperitoneally for 7 days, 3<sup>rd</sup> - rats treated with NAME intraperitoneally + Detralex 1000 mg per os at the minimum therapeutic dose of 86 mg/kg/day for 7 days, 4<sup>th</sup> group – rats treated with L-NAME intraperitoneally + Detralex 1000 mg per os at the maximum therapeutic dose of 260 mg/kg/day for 7 days. The development of ED in the experimental animals, as well as the degree of its correction by the test drug, was estimated by the calculated coefficient of ED (CED) (Pokrovskii et al. 2006).

The level of NO metabolites (i.e. the total concentration of nitrates and nitrites, NOx) was determined colorimetrically according to the stain intensity when using sulfanilamide nitrite, a component of Griess reagent, in the diazotization reaction (Metelskaya and Gumanov 2005).

Platelet aggregation was studied by visual micromethod using ADP, collagen, thrombin, ristomycin, and adrenaline as inducers.

To study the anti-inflammatory activity of the drug by Oivin's method (Suleyman et al. 2001), the experiments were conducted in 10 adult albino rabbits weighing 2800–3200 g. The rabbits were fixed, with the fur on the abdomen skin (the area of 13 cm) being cut off beforehand. During the study, the albino rabbits were administered

once Detralex 1000 mg at the maximum (100 mg/kg/day) and minimum (34 mg/kg/day) therapeutic doses 9 hours before the administration of the permeability indicator, namely Evans blue solution. The indicator of capillary permeability was the onset time of blue-colored spots on the skin and their diameter.

To estimate  $\text{Ca}^{2+}$ -dependent smooth muscle response, 30 male rats of Wistar line were divided into 3 groups. 1<sup>st</sup> group – control, 2<sup>nd</sup> group – rats receiving Detralex 1000 mg at the minimum therapeutic dose of 86 mg/kg/day, 3<sup>rd</sup> group – rats receiving Detralex 1000 mg at the maximum therapeutic dose of 260 mg/kg per day. The drug was administered per os once a day for 7 days.

After the anesthesia (chloral hydrate 300 mg/kg), a portal vein preparation  $25 \pm 4$  mm long was taken from each animal. The preparation was placed vertically in the BIOPAC station reservoir for testing tissues (at an initial tension of 0.5 g). The lumen of the isolated vein was ligated, which excluded the contact of solutions with the endothelium. The tests were performed with solutions of  $\text{Ca}^{2+}$  at a concentration of 0.08–1.75 mM (Savineau and Marthan 1994). The solutions were added into the perfusate sequentially, from the minimum to the maximum concentration of  $\text{Ca}^{2+}$ . As the base solution, a modified Krebs–Henseleit solution was used, in which the concentration of  $\text{Ca}^{2+}$  had been changed; isotonicity was achieved by changing the content of sodium chloride (all chemicals by Reakhem, Russia). The oxygenation of the solutions was performed by using a gas mixture of 95%  $\text{O}_2$  and 5%  $\text{CO}_2$ . The temperature of all the solutions was 30°C. Registration and processing of the data was performed using the BIOPAC ASQKNOWLEDGE 4.2 software.

To estimate the local irritative effect of Detralex 1000 mg, a special morphological study of the stomach, small intestine and large intestine of rats treated with Detralex 1000 mg at a maximum therapeutic dose of 260 mg/kg once a day for 7 days was performed.

The recovered organs were fixed in 10% formalin solution after macroscopic examination and weighing. The samples for histological examination were cut out from the stomach wall along the lesser curvature including the cardiac part and a body area (glandular zone).

In the standard mode, the material was embedded into paraffin in a spin tissue processor “STP-120” (Microm International GmbH, Germany), using a battery of ethyl alcohol and xylene. The filling of blocks with standard

orientation of samples was carried out in paraffin in Microm EC 350 embedding station (Microm International GmbH, Germany). To ensure the standardization, paraffin embedding was carried out in multi-blocks of 5–6 samples. The sections for histological examination of 5  $\mu\text{m}$  were cut on an HM 340 E semi-automatic rotary microtome with slide feed and smoothing-out systems (Microm International GmbH, Germany). Hematoxylin and eosin staining was carried out in an automatic machine for staining histological sections and smears (Microm International GmbH, Germany).

A descriptive study of histological specimens was performed using a AxioScopeA1 microscope (Carl Zeiss Microimaging GmbH, Germany). The main part of the morphological studies was performed after creating an electronic gallery of images by means of a semi-automatic Miraz Desk slide scanner (Carl Zeiss Microimaging GmbH, Germany), which made it possible to standardize the modes of morphometric studies as much as possible. The scanner lens magnification was  $\times 200$ . Digital magnification in microphotographs and images during the analysis ranged from  $\times 20$  (without software magnification) to X800 (at 40-fold software magnification). All the studies were conducted in accordance with the principles of the Helsinki Declaration.

Statistical processing of the results of the study was carried out by checking the data for the normality of distribution. The type of distribution was determined by the Shapiro-Wilk test. In the case of the normal distribution, the mean (M) and the standard error of the mean (m) were calculated. Intergroup differences were analyzed by parametric (Student’s t-test) or nonparametric (Mann-Whitney U test) methods, depending on the type of distribution. All the calculations were performed using a package of MICROSOFT EXCEL 7.0 statistical software

## Results and discussion

With the administration of L-NAME, on the 7<sup>th</sup> day there was a statistically significant increase in systolic and diastolic blood pressure from  $135.7 \pm 4.1$  and  $99.9 \pm 3.3$  to  $188.3 \pm 6.1$  and  $143.0 \pm 2.9$  mm Hg, respectively (Table 1), an increase in CED from  $1.2 \pm 0.1$  to  $5.0 \pm 0.6$  ( $p < 0.05$ ) and a decrease in the final NO metabolites from  $45.19 \pm 2.89$  to  $22.69 \pm 1.50$ .

**Table 1.** The Effect of Detralex 1000 mg on Blood Pressure and SED in the Correction of Experimental Endothelial Dysfunction ( $M \pm m$ ;  $n=10$ ).

Group	Value	SBP, mm Hg	DBP, mm Hg	CED, relative unit (RU)	NO, $\mu\text{mol/ml}$
Intact		$135.7 \pm 4.1^\#$	$9.9 \pm 3.3^\#$	$1.2 \pm 0.1^\#$	$45.19 \pm 2.89^\#$
L-NAME		$188.3 \pm 6.1^*$	$143.0 \pm 2.9^*$	$5.0 \pm 0.6$	$22.69 \pm 1.50^{**}$
L-NAME + Detralex (86 mg/kg/day)		$185.3 \pm 4.6^*$	$134.1 \pm 3.4^*$	$2.4 \pm 0.4^{**}$	$31.34 \pm 1.64^{**}$
L-NAME + Detralex (260 mg/kg/day)		$174.0 \pm 4.0^*$	$135.3 \pm 3.2^*$	$2.0 \pm 0.1^{*y}$	$34.42 \pm 2.20^{**}$

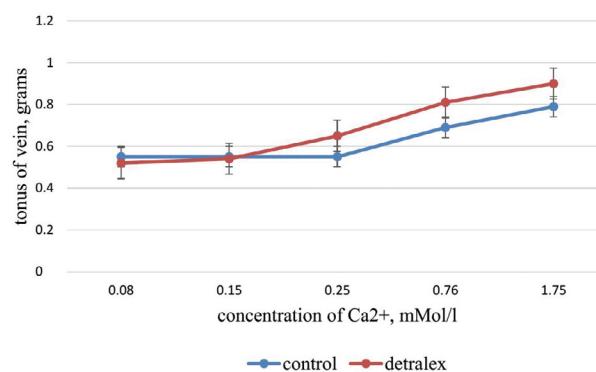
Note. \*  $p < 0.05$  compared to intact rats; # –  $p < 0.05$  in comparison with L-NAME.

The introduction of the test drug did not lead to a statistically significant decrease in blood pressure. However, there was a dose-dependent statistically significant decrease in CED, which indicates a positive endothelium protective effect.

The administration of non-selective blocker of NO-synthase causes a violation of platelet aggregation, which is expressed in its acceleration (Table 2). The introduction of Detralex 1000 mg leads to a dose-dependent correction of disorders, which is manifested in the extension of platelet aggregation. It was found that in the maximum therapeutic dose the greatest efficacy of Detralex 1000 mg was observed when using adrenaline as an inducer: the extension of platelet aggregation time from  $79.4 \pm 2.7$  to  $96.9 \pm 3.9$  sec.

The results of the studies of an anti-inflammatory activity of the drug by Oivin's method presented in Table 3 indicate a decrease in the permeability of blood vessels with the introduction of the test drug, as evidenced by a decrease in the size of spots and the extension of the time interval of their onset. It should be noted that the use of Detralex 1000 mg at a dose of 260 mg/kg/day to a greater extent reduces the disruption of vascular permeability caused by the application of 0-xylene.

In the study of the  $Ca^{2+}$ -mediated smooth muscle response, it was found that the addition of  $Ca^{2+}$  to the solution in the control group led to an increase in venous tone starting with a concentration of 0.76 mmol/l, while 7-day administration of Detralex 1000 mg caused a significant increase in venous tone with a  $Ca^{2+}$  concentration of 0.25 mmol/l. At the same time, against the background of the course treatment with Detralex 1000 mg, the sensitivity of the venous smooth muscle wall to  $Ca^{2+}$  at a concentration of 0.76 mmol/l is significantly higher than that in the control. The effect of the drug is dose-dependent, which is manifested in reaching the maximum contractile force at a higher dosage of the drug with a lower concentration of  $Ca^{2+}$ . This is most clearly demonstrated in Figure 1.



**Figure 1.** Effect of Detralex 1000 mg on contractility of isolated segment of rat portal vein.

The morphological study of the stomach wall of intact rats and rats against treating them with Detralex 1000 mg for 7 days at a dose of 260 mg/kg daily found no inflammatory changes in the mucosa of the comparison group. The general structure of the stomach wall is normal (Fig. 2). In the transition zone, there is a clear boundary between the non-keratinized stratified squamous epithelium of the esophagus and the fundal-type glandular mucosa. Glandular mucosa is 420-470  $\mu$ m thick, and the pits are distributed evenly, with smooth contours, 90-110  $\mu$ m deep, lined with a monomorphic single layer of columnar epithelium. On the surface, there is a moderate amount of mucus. The fundal glands evenly fill the thickness of the mucous membrane, with clearly differentiated areas: the surface part of 150-180 microns long, formed mainly with mucous and parietal cells, the bottom part of the same length, formed mainly with adeloniorphous cells. Parietal cells are with homogeneous oxyphilic cytoplasm, the main ones are with basophilic moderately granulated cytoplasm. No nuclear change is defined. The layers of lamina propria between the glands are thin; no significant leukocyte infiltration is determined. No changes were detected on the part of

**Table 2.** Effect of Detralex 1000 mg on Platelet Aggregation Rate in the Correction of Experimental Endothelial Dysfunction ( $M \pm m$ ;  $n=10$ ).

Group	Inductor	ADP, sec	collagen, sec	ristomycin, sec	adrenaline, sec
Intact		43.6 $\pm$ 1.5 <sup>#</sup>	33.0 $\pm$ 0.6 <sup>#</sup>	41.5 $\pm$ 1.9 <sup>#</sup>	102.4 $\pm$ 3.8 <sup>#</sup>
L-NAME		30.2 $\pm$ 1.3*	27.1 $\pm$ 1.1*	31.6 $\pm$ 1.2*	79.4 $\pm$ 2.7*
L-NAME + Detralex (86 mg/kg/day)		34.6 $\pm$ 1.5*	31.5 $\pm$ 1.0 <sup>#</sup>	36.2 $\pm$ 1.5 <sup>#</sup>	92.3 $\pm$ 3.9 <sup>#</sup>
L-NAME + Detralex (260 mg/kg/day)		35.2 $\pm$ 1.4 <sup>#</sup>	32.1 $\pm$ 1.0 <sup>#</sup>	37.2 $\pm$ 1.36 <sup>#</sup>	96.9 $\pm$ 3.9 <sup>#</sup>

Note. \* –  $p < 0.05$  compared to intact rats; # –  $p < 0.05$  in comparison with L-NAME.

**Table 3.** Effect of Detralex 1000 mg on Vascular Permeability ( $M \pm m$ ;  $n=10$ ).

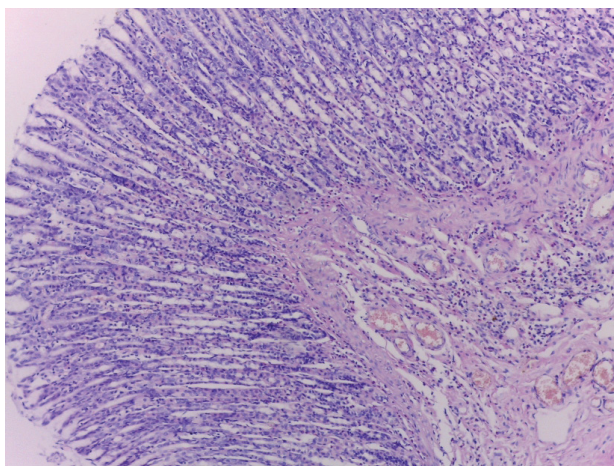
Group	Average area of the spots, cm <sup>2</sup>	Time of spot onset, sec
Control	6.58 $\pm$ 0.08	202 $\pm$ 6.11
Detralex 1000 mg (86 mg/kg/day)	5.20 $\pm$ 0.06*	243 $\pm$ 7.30*
Detralex 1000 mg (260 mg/kg/day)	4.38 $\pm$ 0.05*	290 $\pm$ 6.15*

Note. \* –  $p < 0.05$  in relation to the control group.

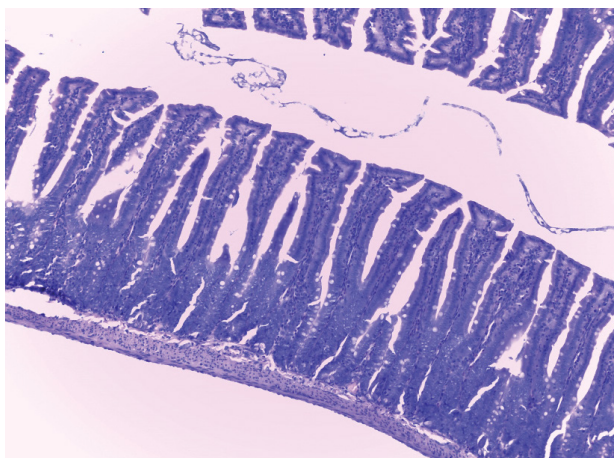
other membranes of the wall. Blood content of all the membranes is moderately equal.

Histological examination of the small intestine of rats after the course treatment with Detralex 1000 mg at a dose of 260 mg/kg daily, neither inflammatory nor atrophic changes of the small intestine mucosa were identified (Fig.3). The villi of the mucous membrane are covered with columnar epithelium. In the bottom parts of the crypts, there are numerous mitotically dividing epithelial cells. In the stroma of the villi, there are many plasma cells, sometimes with an admixture of eosinophils.

Estimating the condition of the mucous membrane of the large intestine of rats treated with Detralex 1000 mg for 7 days at a dose of 260 mg/kg daily, neither inflammatory nor dystrophic changes were recorded (Fig. 4). The intestinal mucosa is covered with columnar



**Figure 2.** Histological structure of gastric mucosa after 7-day administration of Detralex 1000 mg at a dosage of 260 mg/kg/day. Glandular zone of the mucous membrane is without visible morphological changes, no inflammatory changes. Staining with hematoxylin and eosin. Microphoto.  $\times 200$  (digital).



**Figure 3.** The structure of the wall of the jejunum after 7-day administration of Detralex 1000 mg at a dosage of 260 mg/kg/day: the mucous membrane is of the usual structure, no visible morphological changes, no inflammatory changes. Staining with hematoxylin and eosin. Microphoto.  $\times 200$  (digital).

epithelium. There are numerous mitotically dividing epithelial cells.

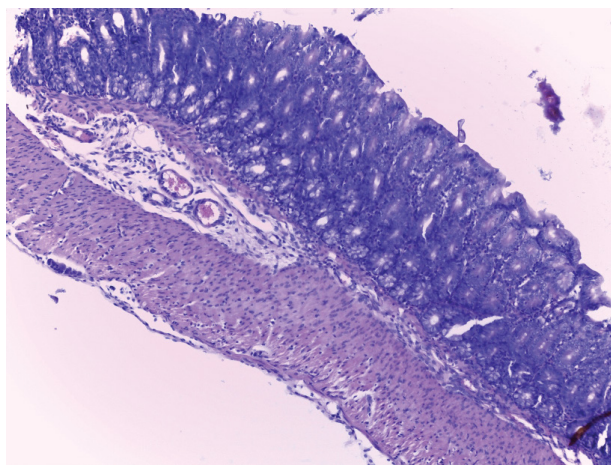
The results of microscopic examination of the internals of rats receiving the test drug showed that Detralex 1000 mg does not cause either dystrophic, inflammatory or other pathological changes of the internals in the test dosage.

According to a number of studies, besides the restoration of NO synthesis, an endothelium-protective effect of diosmin is mediated by an increase in the activity of antioxidant enzymes, in particular superoxide dismutase (Cotelle 2001, Wang et al. 2006). This creates the conditions for the restoration of antioxidant balance in the endothelium and prevents its further damage.

Other studies have also shown that diosmin reduces the synthesis of endothelin-1, which causes the proliferation of smooth myocytes and has a pronounced pro-inflammatory effect (Pietrzycka et al. 2015). In particular, it induces the synthesis of integrins that enhance the migration and adhesion of fibroblasts and platelets, increases vascular permeability, activates neutrophils, mast cells and T-lymphocytes, which leads to the release of pro-inflammatory cytokines, mediators and the launch of the leukocyte-endothelial cascade. Mediators of inflammation – prostaglandin E2 and thromboxane A2, in their turn, increase platelet aggregation and have a powerful pro-coagulant effect (Tyurenkov et al. 2012). In addition to inhibiting the synthesis of endothelin-1, there is evidence of a direct influence of diosmin on a decrease in the production of prostaglandin E2, F2 and thromboxane A2, which also causes its anti-inflammatory effect (Manthey 2000, Feldo et al. 2018).

The extension of platelet aggregation rate in the experiment in a group of animals receiving Detralex 1000 mg against the background of simulated ED is due to the restoration of NO synthesis, which is a natural disaggregation (Tyurenkov et al. 2012).

The results of the experiment to study the venotonic effect of diosmin suggest a dose-dependent increase in



**Figure 4.** Colon after 7-day administration of Detralex 1000 mg at a dosage of 260 mg/kg/day with the structure of all membranes corresponding to that of the intact. There were no inflammatory changes in the lamina propria. Staining with hematoxylin and eosin. Microphoto.  $\times 200$  (digital).

sensitivity of the segment of the portal vein with isolated endothelium to  $\text{Ca}^{2+}$  in the course treatment with Detralex 1000 mg. A number of studies have shown that such an increase in sensitivity of smooth myocytes to  $\text{Ca}^{2+}$  is also influenced by phosphatase inhibitors (Gong et al. 1992) or agonists of alpha-adrenergic receptors (Kitazawa et al. 1991). In the case of alpha-adrenergic receptors, increased sensitivity is most likely associated with G-proteins, which implies accelerated phosphorylation of the myosin component of the chains (Nishimura et al. 1990).

## Conclusion

According to the results of studying an endothelium-protective activity of Detralex, 1000 mg, it was established

that the test drug significantly reduces CED and slows the aggregation of platelets against the background of ED simulation. It should be noted that the efficacy of endothelium-protective action of the drug is dose-dependent. The results of studying the data on the effect of Detralex 1000 mg on vascular permeability suggest that the drug can dose-dependently reduce vascular permeability disorders caused by the application of o-xylene.

Detralex 1000 mg has a  $\text{Ca}^{2+}$ -mediated mechanism of increasing the contractile activity of the venous wall.

Detralex 1000 mg, when intragastrically administered to rats at a maximum therapeutic dose of 260 mg/kg/day, does not lead to either macroscopic or histological changes in the stomach, small intestine and large intestine, therefore does not have a local irritative effect.

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